

Action Asia MALAYSIA Trail Run 2016

Action Asia Malaysia - 18k - 27-Nov-2016

Generated by Racematix on 29-Nov-2016 16:17:17 MYT

Rankings		Participant Info		Completion		Timing Point		Distance		Split		Timing Point		Distance		Split		Timing Point		Distance		Split	
Overall	Gender	Name	Gender	Category	Status	BIB	Team / Sponsor	CP1	Location	Cumulative	Split	CP2	Location	Cumulative	Split	CP3	Location	Cumulative	Split	CP4	Location	Cumulative	Split
1	1	Mohamad Afif Bin Nudin	M	Men 30-39	FINISHER	55	MZUMO MALAYSIA	CP1	Trail / Hwy junction, Janda Baik	5.0	5.0	CP2	Trail loop, Janda Baik	15.0	10.0	CP3	Trail loop, Janda Baik	15.0	10.0	CP4	Chereng Hills Resort	18.0	3.0
Rank	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
1	1	Mohamad Afif Bin Nudin	M	Men 30-39	FINISHER	55	MZUMO MALAYSIA	CP1	Trail / Hwy junction, Janda Baik	01:07.05	01:07.05	CP2	Trail loop, Janda Baik	02:26.10	01:19.05	CP3	Trail loop, Janda Baik	03:52.24	01:36.14	CP4	Chereng Hills Resort	05:28.39	01:36.15
2	2	Muhammad Asif Widing	M	Men 30-39	FINISHER	138		CP1	Chereng Hills Resort	01:38.05	02:07.26	CP2	Chereng Hills Resort	03:16.30	01:09.04	CP3	Chereng Hills Resort	04:54.35	01:38.05	CP4	Chereng Hills Resort	06:32.40	01:38.05
3	3	Mark Williams	M	Men 40-49	FINISHER	348	F1 Runners	CP1	Chereng Hills Resort	01:41.15	02:10.36	CP2	Chereng Hills Resort	03:19.51	01:09.15	CP3	Chereng Hills Resort	04:58.06	01:38.15	CP4	Chereng Hills Resort	06:36.21	01:38.15
4	2	Jason Robinson	M	Men 40-49	FINISHER	201	MKRC	CP1	Chereng Hills Resort	01:42.20	02:10.51	CP2	Chereng Hills Resort	03:20.15	01:09.25	CP3	Chereng Hills Resort	04:58.30	01:38.15	CP4	Chereng Hills Resort	06:36.45	01:38.15
5	1	Shahvi Jusoh	M	Men 16-29	FINISHER	15		CP1	Chereng Hills Resort	01:42.20	02:10.51	CP2	Chereng Hills Resort	03:20.15	01:09.25	CP3	Chereng Hills Resort	04:58.30	01:38.15	CP4	Chereng Hills Resort	06:36.45	01:38.15
6	2	Christoph Koelma	M	Men 16-29	FINISHER	18		CP1	Chereng Hills Resort	01:42.20	02:10.51	CP2	Chereng Hills Resort	03:20.15	01:09.25	CP3	Chereng Hills Resort	04:58.30	01:38.15	CP4	Chereng Hills Resort	06:36.45	01:38.15
7	3	Paul Crowther	M	Men 30-39	FINISHER	85	MKRC	CP1	Chereng Hills Resort	01:42.20	02:10.51	CP2	Chereng Hills Resort	03:20.15	01:09.25	CP3	Chereng Hills Resort	04:58.30	01:38.15	CP4	Chereng Hills Resort	06:36.45	01:38.15
8	4	Teck Sin Chan	M	Men 30-39	FINISHER	82		CP1	Chereng Hills Resort	01:42.20	02:10.51	CP2	Chereng Hills Resort	03:20.15	01:09.25	CP3	Chereng Hills Resort	04:58.30	01:38.15	CP4	Chereng Hills Resort	06:36.45	01:38.15
9	1	Sharon Crowther	F	Women 30-39	FINISHER	281	MKRC	CP1	Chereng Hills Resort	01:57.03	02:26.24	CP2	Chereng Hills Resort	03:35.18	01:08.15	CP3	Chereng Hills Resort	05:13.33	01:38.15	CP4	Chereng Hills Resort	06:51.48	01:38.15
10	2	Jenny Abbott	F	Women 30-39	FINISHER	273		CP1	Chereng Hills Resort	01:58.07	02:27.28	CP2	Chereng Hills Resort	03:36.23	01:09.25	CP3	Chereng Hills Resort	05:14.38	01:38.15	CP4	Chereng Hills Resort	06:52.53	01:38.15
11	3	Mohamad Afif Jamsari	M	Men 16-29	FINISHER	14	RUN FOR MALAYSIA	CP1	Chereng Hills Resort	01:58.33	02:28.54	CP2	Chereng Hills Resort	03:36.48	01:08.15	CP3	Chereng Hills Resort	05:14.63	01:38.15	CP4	Chereng Hills Resort	06:53.78	01:38.15
12	4	Billy Bero	M	Men 16-29	FINISHER	2		CP1	Chereng Hills Resort	02:02.45	02:32.06	CP2	Chereng Hills Resort	03:40.60	01:08.15	CP3	Chereng Hills Resort	05:18.75	01:38.15	CP4	Chereng Hills Resort	06:56.90	01:38.15
13	3	Greg Martin	M	Men 40-49	FINISHER	347		CP1	Chereng Hills Resort	02:07.11	02:36.32	CP2	Chereng Hills Resort	03:45.26	01:08.15	CP3	Chereng Hills Resort	05:23.41	01:38.15	CP4	Chereng Hills Resort	07:01.56	01:38.15
14	4	Amer Hamzah Ashad	M	Men 40-49	FINISHER	149		CP1	Chereng Hills Resort	02:07.17	02:36.37	CP2	Chereng Hills Resort	03:45.32	01:08.15	CP3	Chereng Hills Resort	05:23.47	01:38.15	CP4	Chereng Hills Resort	07:02.02	01:38.15
15	5	Svee Soon Lim	M	Men 30-39	FINISHER	92	Puchong Hash	CP1	Chereng Hills Resort	02:07.59	02:37.20	CP2	Chereng Hills Resort	03:46.12	01:08.15	CP3	Chereng Hills Resort	05:24.27	01:38.15	CP4	Chereng Hills Resort	07:02.42	01:38.15
16	5	Halizan Lamin	M	Men 40-49	FINISHER	183	SARC	CP1	Chereng Hills Resort	02:08.08	02:37.29	CP2	Chereng Hills Resort	03:46.21	01:08.15	CP3	Chereng Hills Resort	05:24.36	01:38.15	CP4	Chereng Hills Resort	07:02.51	01:38.15
17	1	Sonja Eren	M	Men 50-59	FINISHER	238		CP1	Chereng Hills Resort	02:08.38	02:37.59	CP2	Chereng Hills Resort	03:46.51	01:08.15	CP3	Chereng Hills Resort	05:24.66	01:38.15	CP4	Chereng Hills Resort	07:03.21	01:38.15
18	6	Lee Saw Cheong	M	Men 30-39	FINISHER	132		CP1	Chereng Hills Resort	02:08.39	02:38.00	CP2	Chereng Hills Resort	03:46.52	01:08.15	CP3	Chereng Hills Resort	05:24.67	01:38.15	CP4	Chereng Hills Resort	07:03.22	01:38.15
19	3	Norhani Mohd Jaffar	F	Women 30-39	FINISHER	351		CP1	Chereng Hills Resort	02:10.31	02:39.52	CP2	Chereng Hills Resort	03:48.44	01:08.15	CP3	Chereng Hills Resort	05:26.36	01:38.15	CP4	Chereng Hills Resort	07:04.51	01:38.15
20	6	Reza Zaidy Abdullah	M	Men 40-49	FINISHER	146		CP1	Chereng Hills Resort	02:11.10	02:40.31	CP2	Chereng Hills Resort	03:49.23	01:08.15	CP3	Chereng Hills Resort	05:27.15	01:38.15	CP4	Chereng Hills Resort	07:05.30	01:38.15
21	7	Chen Fui Lat	M	Men 16-29	FINISHER	25	Mont Kiara Running Club	CP1	Chereng Hills Resort	02:11.27	02:40.48	CP2	Chereng Hills Resort	03:49.40	01:08.15	CP3	Chereng Hills Resort	05:27.32	01:38.15	CP4	Chereng Hills Resort	07:05.47	01:38.15
22	7	Bala Krishnan	M	Men 30-39	FINISHER	85		CP1	Chereng Hills Resort	02:13.03	02:42.24	CP2	Chereng Hills Resort	03:51.07	01:08.15	CP3	Chereng Hills Resort	05:29.22	01:38.15	CP4	Chereng Hills Resort	07:07.30	01:38.15
23	7	Sui Long Fong	M	Men 40-49	FINISHER	164	Baby HHH	CP1	Chereng Hills Resort	02:16.05	02:45.26	CP2	Chereng Hills Resort	03:56.01	01:08.15	CP3	Chereng Hills Resort	05:34.16	01:38.15	CP4	Chereng Hills Resort	07:12.31	01:38.15
24	4	Karen Shah	F	Women 30-39	FINISHER	298		CP1	Chereng Hills Resort	02:16.11	02:45.32	CP2	Chereng Hills Resort	03:56.07	01:08.15	CP3	Chereng Hills Resort	05:34.22	01:38.15	CP4	Chereng Hills Resort	07:12.37	01:38.15
25	6	Amyra Yulia Dohen	F	Women 16-29	FINISHER	82		CP1	Chereng Hills Resort	02:17.36	02:46.66	CP2	Chereng Hills Resort	03:57.26	01:08.15	CP3	Chereng Hills Resort	05:35.16	01:38.15	CP4	Chereng Hills Resort	07:13.31	01:38.15
26	8	Xin Jian Chong (陈思健)	M	Men 30-39	FINISHER	63		CP1	Chereng Hills Resort	02:18.23	02:47.43	CP2	Chereng Hills Resort	03:58.13	01:08.15	CP3	Chereng Hills Resort	05:36.03	01:38.15	CP4	Chereng Hills Resort	07:14.18	01:38.15
27	2	Kalareshan Angamthoo	M	Men 50-59	FINISHER	232		CP1	Chereng Hills Resort	02:20.47	02:50.08	CP2	Chereng Hills Resort	04:00.02	01:08.15	CP3	Chereng Hills Resort	05:38.17	01:38.15	CP4	Chereng Hills Resort	07:16.32	01:38.15
28	7	Wei Lun Chior	M	Men 16-29	FINISHER	3	TOB RUNNING TEAM	CP1	Chereng Hills Resort	02:21.17	02:50.38	CP2	Chereng Hills Resort	04:01.03	01:08.15	CP3	Chereng Hills Resort	05:39.18	01:38.15	CP4	Chereng Hills Resort	07:17.33	01:38.15
29	8	King Keong Ling	M	Men 40-49	FINISHER	188		CP1	Chereng Hills Resort	02:21.35	02:50.56	CP2	Chereng Hills Resort	04:01.21	01:08.15	CP3	Chereng Hills Resort	05:39.36	01:38.15	CP4	Chereng Hills Resort	07:17.51	01:38.15
30	2	Eun Seung Park	F	Women 30-39	FINISHER	342		CP1	Chereng Hills Resort	02:21.42	02:50.63	CP2	Chereng Hills Resort	04:01.28	01:08.15	CP3	Chereng Hills Resort	05:39.43	01:38.15	CP4	Chereng Hills Resort	07:17.58	01:38.15
31	3	Mohd Rizki Zakaria	M	Men 50-59	FINISHER	259		CP1	Chereng Hills Resort	02:23.55	02:53.16	CP2	Chereng Hills Resort	04:03.11	01:08.15	CP3	Chereng Hills Resort	05:41.24	01:38.15	CP4	Chereng Hills Resort	07:19.35	01:38.15
32	1	Hui Mathews	F	Women 16-29	FINISHER	270	ash be nimble	CP1	Chereng Hills Resort	02:24.44	02:54.05	CP2	Chereng Hills Resort	04:04.10	01:08.15	CP3	Chereng Hills Resort	05:42.23	01:38.15	CP4	Chereng Hills Resort	07:20.34	01:38.15
33	6	Jaye Goh (陈慧怡)	F	Women 30-39	FINISHER	282		CP1	Chereng Hills Resort	02:24.54	02:54.15	CP2	Chereng Hills Resort	04:04.22	01:08.15	CP3	Chereng Hills Resort	05:42.35	01:38.15	CP4	Chereng Hills Resort	07:20.46	01:38.15
34	2	Chen Zhen Chen	M	Men 40-49	FINISHER	187	Puchong Hash	CP1	Chereng Hills Resort	02:25.36	02:54.57	CP2	Chereng Hills Resort	04:04.64	01:08.15	CP3	Chereng Hills Resort	05:42.77	01:38.15	CP4	Chereng Hills Resort	07:21.28	01:38.15
35	10	Chi Lai Ong	M	Men 40-49	FINISHER	198	Baby HHH	CP1	Chereng Hills Resort	02:26.50	02:56.11	CP2	Chereng Hills Resort	04:05.24	01:08.15	CP3	Chereng Hills Resort	05:43.37	01:38.15	CP4	Chereng Hills Resort	07:22.30	01:38.15
36	9	Muhammad Iqbal Idnis	M	Men 30-39	FINISHER	31		CP1	Chereng Hills Resort	02:27.23	02:56.44	CP2	Chereng Hills Resort	04:05.61	01:08.15	CP3	Chereng Hills Resort	05:43.74	01:38.15	CP4	Chereng Hills Resort	07:22.67	01:38.15
37	8	Timothee Roucher	M	Men 16-29	FINISHER	76		CP1	Chereng Hills Resort	02:27.42	02:57.03	CP2	Chereng Hills Resort	04:05.80	01:08.15	CP3	Chereng Hills Resort	05:43.93	01:38.15	CP4	Chereng Hills Resort	07:22.86	01:38.15
38	2	Noor Hafiz Abdulaziz	M	Men 30-39	FINISHER	275		CP1	Chereng Hills Resort	02:27.58	02:57.16	CP2	Chereng Hills Resort	04:05.96	01:08.15	CP3	Chereng Hills Resort	05:44.10	01:38.15	CP4	Chereng Hills Resort	07:23.03	01:38.15
39	10	Philip Chan	M	Men 30-39	FINISHER	60		CP1	Chereng Hills Resort	02:27.58	02:57.19	CP2	Chereng Hills Resort	04:05.96	01:08.15	CP3	Chereng Hills Resort	05:44.10	01:38.15	CP4	Chereng Hills Resort	07:23.03	01:38.15
40	11	Edwin Belcher	M	Men 40-49	FINISHER	150	MKRC	CP1	Chereng Hills Resort	02:28.02	02:57.23	CP2	Chereng Hills Resort	04:06.00	01:08.15	CP3	Chereng Hills Resort	05:44.14	01:38.15	CP4	Chereng Hills Resort	07:23.07	01:38.15
41	8	Hsiao Shiang Chong	F	Women 30-39	FINISHER	279		CP1	Chereng Hills Resort	02:28.21	02:58.42	CP2	Chereng Hills Resort	04:06.19	01:08.15	CP3	Chereng Hills Resort	05:44.33	01:38.15	CP4	Chereng Hills Resort	07:23.26	01:38.15
42	12	Janina Mohamad	M	Men 40-49	FINISHER	193	Run For Malaysia	CP1	Chereng Hills Resort	02:28.42	02:58.63	CP2	Chereng Hills Resort	04:06.40	01:08.15	CP3	Chereng Hills Resort	05:44.54	01:38.15	CP4	Chereng Hills Resort	07:23.47	01:38.15
43	2	See Guan Sio	M	Men 40-49	FINISHER	208		CP1	Chereng Hills Resort	02:28.39	02:58.60	CP2	Chereng Hills Resort	04:06.37	01:08.15	CP3	Chereng Hills Resort	05:44.51	01:38.15	CP4	Chereng Hills Resort	07:23.44	01:38.15
44	11	Jerome Marinnet	M	Men 30-39	FINISHER	99	MKRC	CP1	Chereng Hills Resort	02:31.07													

Overall	Category	Gender	Name	Gender	Category	Status	BIB	Team / Sponsor	CP	Location	Rate Time	Behind Leader	Rank	Speed	Time Of Day	Time In	Race Time	Split	Rank	Speed	Time Of Day	Time In	Rate Time	Rank	Speed	Time Of Day	Time In	Rate Time	Rank	Speed	Time Of Day	Time In	Rate Time	Split
220	22	182	Win Hon Lum	M	Men 16-29	FINISHER	20	Baby/HHH	Finish	Chereng Hills Resort	03:40:31	02:09:52	221	6.0	27-Nov-2016 08:12:02 MYT	01:00:01	01:00:01	217	5.5	27-Nov-2016 09:55:22 MYT	02:48:11	01:48:10	220	3.4	27-Nov-2016 10:47:42 MYT	03:40:31	00:52:20							
221	64	183	Mohamad Mazlan Marhan	M	Men 40-49	FINISHER	192		Finish	Chereng Hills Resort	03:40:32	02:09:53	221	6.0	27-Nov-2016 08:13:04 MYT	00:56:03	00:56:03	218	5.3	27-Nov-2016 09:55:32 MYT	02:48:11	01:52:18	221	3.4	27-Nov-2016 10:47:42 MYT	03:40:32	00:52:11							
222	25	184	Yip Kin Tung	M	Men 40-49	FINISHER	214		Finish	Chereng Hills Resort	03:40:32	02:09:53	222	6.0	27-Nov-2016 08:13:04 MYT	00:56:03	00:56:03	219	5.4	27-Nov-2016 09:55:32 MYT	02:48:11	01:50:49	222	3.6	27-Nov-2016 10:47:42 MYT	03:40:32	00:52:14							
223	22	39	Sook Yin Loo	F	Women 30-39	FINISHER	283		Finish	Chereng Hills Resort	03:40:39	02:10:00	211	6.1	27-Nov-2016 08:05:57 MYT	00:58:46	00:58:46	233	5.3	27-Nov-2016 09:59:41 MYT	02:52:30	01:53:44	233	3.7	27-Nov-2016 10:48:00 MYT	03:40:39	00:48:09							
224	72	185	Kim Leong Lee	M	Men 30-39	FINISHER	95	Puchong Hash	Finish	Chereng Hills Resort	03:40:55	02:10:16	229	4.9	27-Nov-2016 08:08:17 MYT	01:01:06	01:01:06	224	5.5	27-Nov-2016 09:56:30 MYT	02:49:19	01:53:23	224	3.5	27-Nov-2016 10:48:00 MYT	03:40:55	00:45:36							
225	7	40	Nur Azlina Supardi	F	Women 40-49	FINISHER	321		Finish	Chereng Hills Resort	03:40:58	02:10:19	239	4.8	27-Nov-2016 08:09:12 MYT	01:02:01	01:02:01	225	5.6	27-Nov-2016 09:56:44 MYT	02:49:33	01:47:32	225	3.5	27-Nov-2016 10:48:00 MYT	03:40:58	00:51:25							
226	5	118	Mak Seng Yee	M	Men 30-39	FINISHER	8	Baby/HHH	Finish	Chereng Hills Resort	03:41:04	02:10:26	233	6.1	27-Nov-2016 08:07:42 MYT	00:59:18	00:59:18	219	5.3	27-Nov-2016 09:56:30 MYT	02:49:33	01:47:15	226	3.4	27-Nov-2016 10:48:18 MYT	03:41:04	00:52:14							
227	73	187	Khairuddin Yaacob	M	Men 30-39	FINISHER	140		Finish	Chereng Hills Resort	03:41:18	02:10:39	246	4.8	27-Nov-2016 08:10:20 MYT	01:02:49	01:02:49	231	5.6	27-Nov-2016 09:57:39 MYT	02:50:25	01:47:32	227	3.5	27-Nov-2016 10:48:00 MYT	03:41:18	00:51:03							
228	23	188	Suhaidi Shukri	M	Men 50-59	FINISHER	251		Finish	Chereng Hills Resort	03:41:30	02:10:51	239	4.8	27-Nov-2016 08:09:12 MYT	01:02:01	01:02:01	228	5.6	27-Nov-2016 09:56:54 MYT	02:49:43	01:47:42	228	3.5	27-Nov-2016 10:48:00 MYT	03:41:30	00:51:47							
229	66	189	Chuan Kong Chang	M	Men 40-49	FINISHER	154	Baby/HHH	Finish	Chereng Hills Resort	03:43:51	02:13:12	281	4.6	27-Nov-2016 08:12:09 MYT	01:04:58	01:04:58	237	5.5	27-Nov-2016 10:01:16 MYT	02:50:55	01:49:07	229	3.6	27-Nov-2016 10:48:00 MYT	03:43:51	00:49:48							
229	8	41	Lee Ping Tee	F	Women 40-49	FINISHER	324	Baby/HHH	Finish	Chereng Hills Resort	03:43:51	02:13:12	261	4.6	27-Nov-2016 08:12:09 MYT	01:04:58	01:04:58	236	5.5	27-Nov-2016 10:01:14 MYT	02:50:55	01:49:05	229	3.6	27-Nov-2016 10:48:00 MYT	03:43:51	00:49:48							
230	85	190	Mokar Ramli	M	Men 30-39	FINISHER	122		Finish	Chereng Hills Resort	03:43:58	02:13:19	232	6.2	27-Nov-2016 08:08:04 MYT	01:05:19	01:05:19	239	5.4	27-Nov-2016 09:58:39 MYT	02:49:38	01:47:15	232	3.2	27-Nov-2016 10:51:01 MYT	03:43:58	00:53:41							
232	67	191	Ee Chin Yang	F	Women 40-49	FINISHER	324		Finish	Chereng Hills Resort	03:44:31	02:13:52	238	4.8	27-Nov-2016 08:09:05 MYT	01:05:14	01:05:14	235	5.4	27-Nov-2016 09:59:49 MYT	02:52:07	01:54:03	232	3.5	27-Nov-2016 10:51:01 MYT	03:44:31	00:54:54							
233	68	192	Bhoon Han Tan	M	Men 40-49	FINISHER	211	Baby/HHH	Finish	Chereng Hills Resort	03:46:09	02:15:30	219	6.0	27-Nov-2016 08:07:10 MYT	00:59:59	00:59:59	229	5.2	27-Nov-2016 09:57:30 MYT	02:49:55	01:49:56	233	3.2	27-Nov-2016 10:53:20 MYT	03:46:09	00:56:14							
234	9	42	Bee Fong Cho	F	Women 40-49	FINISHER	308	Baby/HHH	Finish	Chereng Hills Resort	03:46:10	02:15:31	222	5.0	27-Nov-2016 08:07:14 MYT	01:00:03	01:00:03	226	5.5	27-Nov-2016 09:56:45 MYT	02:49:34	01:49:31	234	3.2	27-Nov-2016 10:53:20 MYT	03:46:10	00:56:36							
235	74	194	Wong Wai Yee	F	Women 40-49	FINISHER	316	Baby/HHH	Finish	Chereng Hills Resort	03:46:23	02:15:44	217	6.1	27-Nov-2016 08:07:14 MYT	00:59:18	00:59:18	234	5.3	27-Nov-2016 09:57:33 MYT	02:49:38	01:53:56	234	3.2	27-Nov-2016 10:53:20 MYT	03:46:23	00:56:42							
236	8	44	Mea Ee Siew	F	Women 50-59	FINISHER	336	Baby/HHH	Finish	Chereng Hills Resort	03:47:06	02:16:27	218	5.0	27-Nov-2016 08:07:08 MYT	00:59:55	00:59:55	240	5.2	27-Nov-2016 10:01:53 MYT	02:54:42	01:54:07	236	3.4	27-Nov-2016 10:54:47 MYT	03:47:06	00:52:24							
237	69	193	Wai Hoong Fong	M	Men 40-49	FINISHER	165	Puchong Hash	Finish	Chereng Hills Resort	03:47:25	02:16:46	269	4.5	27-Nov-2016 08:13:21 MYT	01:06:20	01:06:20	254	5.3	27-Nov-2016 10:07:32 MYT	03:00:21	01:54:29	237	3.8	27-Nov-2016 10:46:54 MYT	03:47:25	00:54:04							
238	11	45	Aideen Abdulrah	F	Women 40-49	FINISHER	304		Finish	Chereng Hills Resort	03:49:04	02:18:25	215	6.1	27-Nov-2016 08:08:23 MYT	00:59:12	00:59:12	239	5.2	27-Nov-2016 10:01:45 MYT	02:54:34	01:55:22	238	3.3	27-Nov-2016 10:56:16 MYT	03:49:04	00:54:30							
239	25	195	Benjamin Ee	M	Men 30-39	FINISHER	87		Finish	Chereng Hills Resort	03:49:23	02:18:44	217	6.1	27-Nov-2016 08:07:14 MYT	00:59:18	00:59:18	232	5.4	27-Nov-2016 09:57:33 MYT	02:49:38	01:51:24	239	3.1	27-Nov-2016 10:56:16 MYT	03:49:23	00:54:41							
240	70	195	Tong Hong Lee	M	Men 40-49	FINISHER	215	Baby/HHH	Finish	Chereng Hills Resort	03:50:35	02:19:56	198	5.2	27-Nov-2016 08:04:21 MYT	00:57:10	00:57:10	238	5.1	27-Nov-2016 10:01:27 MYT	02:54:16	01:55:06	240	3.2	27-Nov-2016 10:57:40 MYT	03:50:35	00:55:19							
241	76	196	Arnol Nurvati Pote	M	Men 30-39	FINISHER	120		Finish	Chereng Hills Resort	03:50:57	02:20:18	256	4.7	27-Nov-2016 08:11:00 MYT	01:03:49	01:03:49	246	5.2	27-Nov-2016 10:05:41 MYT	02:58:30	01:54:41	241	3.4	27-Nov-2016 10:58:00 MYT	03:50:57	00:52:27							
242	71	197	Tech Kenny Teh	M	Men 40-49	FINISHER	216	Puchong Hash	Finish	Chereng Hills Resort	03:51:11	02:20:32	84	6.3	27-Nov-2016 07:54:38 MYT	00:47:27	00:47:27	89	7.2	27-Nov-2016 09:17:54 MYT	02:10:43	01:23:16	242	1.8	27-Nov-2016 10:58:22 MYT	03:51:11	01:40:28							
243	23	198	Emi Eeri	M	Men 16-29	FINISHER	8		Finish	Chereng Hills Resort	03:51:22	02:20:43	187	5.3	27-Nov-2016 08:07:29 MYT	00:56:40	00:56:40	230	5.3	27-Nov-2016 09:57:29 MYT	02:50:18	01:53:38	243	2.9	27-Nov-2016 10:58:33 MYT	03:51:22	01:01:04							
244	12	46	Pai Lin Teh	F	Women 40-49	FINISHER	325	4.5	27-Nov-2016 08:14:23 MYT	03:51:23	02:20:50	274	4.5	27-Nov-2016 08:14:23 MYT	03:51:23	03:51:23	255	5.3	27-Nov-2016 10:07:41 MYT	03:06:30	01:53:38	244	3.5	27-Nov-2016 10:58:00 MYT	03:51:23	00:50:59								
245	13	47	Huzy Min Lee	F	Women 40-49	FINISHER	312	Baby/HHH	Finish	Chereng Hills Resort	03:51:34	02:20:55	243	4.4	27-Nov-2016 08:09:35 MYT	01:02:24	01:02:24	243	5.2	27-Nov-2016 10:04:46 MYT	02:57:35	01:55:11	245	3.3	27-Nov-2016 10:58:45 MYT	03:51:34	00:53:59							
246	24	199	Zulkifli Raba	M	Men 50-59	FINISHER	250		Finish	Chereng Hills Resort	03:51:36	02:20:57	253	4.7	27-Nov-2016 08:10:52 MYT	01:03:41	01:03:41	250	5.2	27-Nov-2016 10:06:28 MYT	02:57:19	01:55:36	246	3.4	27-Nov-2016 10:58:45 MYT	03:51:36	00:52:19							
247	14	48	Mui Ling Chong	F	Women 40-49	FINISHER	307	Baby/HHH	Finish	Chereng Hills Resort	03:51:38	02:20:59	242	4.8	27-Nov-2016 08:10:39 MYT	01:02:23	01:02:23	244	5.2	27-Nov-2016 10:04:48 MYT	02:57:37	01:55:14	247	3.3	27-Nov-2016 10:58:45 MYT	03:51:38	00:54:01							
248	20	200	Azri Asmadi Ibrahim	M	Men 30-39	FINISHER	78		Finish	Chereng Hills Resort	03:51:40	02:21:01	249	4.9	27-Nov-2016 08:09:28 MYT	01:02:18	01:02:18	248	5.0	27-Nov-2016 09:58:39 MYT	02:49:38	01:51:06	248	3.4	27-Nov-2016 10:58:45 MYT	03:51:40	00:54:41							
249	77	201	Kiya Yuen Koh	M	Men 30-39	FINISHER	84		Finish	Chereng Hills Resort	03:52:41	02:22:02	219	6.0	27-Nov-2016 08:07:10 MYT	00:59:59	00:59:59	245	5.1	27-Nov-2016 10:05:00 MYT	02:57:49	01:57:20	249	3.3	27-Nov-2016 10:59:52 MYT	03:52:41	00:54:52							
250	23	49	Tey Yong Wong	F	Women 30-39	FINISHER	304		Finish	Chereng Hills Resort	03:52:48	02:22:09	223	5.0	27-Nov-2016 08:07:19 MYT	01:00:08	01:00:08	253	5.0	27-Nov-2016 10:06:44 MYT	02:59:33	01:59:25	250	3.4	27-Nov-2016 10:59:52 MYT	03:52:48	00:53:15							
251	78	202	Rudy Shalame	M	Men 30-39	FINISHER	131		Finish	Chereng Hills Resort	03:54:08	02:23:29	258	4.7	27-Nov-2016 08:11:27 MYT	01:04:16	01:04:16	252	5.2	27-Nov-2016 10:06:39 MYT	02:59:28	01:55:12	251	3.3	27-Nov-2016 11:01:19 MYT	03:54:08	00:54:40							
252	79	203	Hoong Cheong	M	Men 30-39	FINISHER	208		Finish	Chereng Hills Resort	03:54:08	02:23:29	258	4.7	27-Nov-2016 08:11:27 MYT	01:04:16	01:04:16	252	5.2	27-Nov-2016 10:06:39 MYT	02:59:28	01:55:12	251	3.3	27-Nov-2016 11:01:19 MYT	03:54:08	00:54:40							
253	15	50	Faihsal Md Ali	F	Women 40-49	FINISHER	316		Finish	Chereng Hills Resort	03:55:56	02:25:17	260	4.6	27-Nov-2016 08:10:51 MYT	01:04:39	01:04:39	251	5.2	27-Nov-2016 10:06:34 MYT	02:59:13	01:54:44	253	3.2	27-Nov-2016 11:03:07 MYT	03:55:56	00:56:33							
254	25	204	Kong Seng Lee	M	Men 50-59	FINISHER	245		Finish	Chereng Hills Resort	03:56:10	02:25:31	244	5.2	27-Nov-2016 08:09:37 MYT	01:02:26	01:02:26	244	5.0	27-Nov-2016 10:05:59 MYT	02:58:48	01:56:22	254	3.1	27-Nov-2016 11:03:21 MYT	03:56:10	00:57:22							
255	72	205	Tai Foon Teng	F	Women 40-49	FINISHER	219	Puchong Hash	Finish	Chereng Hills Resort	03:57:11	02:26:32	186	6.3	27-Nov-2016 08:03:44 MYT	00:56:33	00:56:33	241	5.0	27-Nov-2016 10:03:03 MYT	02:55:52	01:59:19	255	2.9	27-Nov-2016 11:04:22 MYT	03:57:11	01:01:19							
256	73	206	Meng Jia	F	Women 30-39	FINISHER	247		Finish	Chereng Hills Resort	03:57:23	02:26:44	247	4.8	27-Nov-2016 08:10:37 MYT	01:03:08	01:03:08	247	5.1	27-Nov-2016 10:05:58 MYT	02:56:42	01:57:49	256	3.1	27-Nov-2016 11:03:21 MYT	03:57:23	00:56:41							
257	25	207	Seng Yong David Yap	M	Men 16-29	FINISHER	6	Baby/HHH	Finish	Chereng Hills Resort	04:00:03	03:24:24	210	6.0	27-Nov-2016 08:05:52 MYT	00:58:41	00:58:41	242	5.0	27-Nov-2016 10:04:42 MYT	02:57:31	01:58:50	257	2.7	27-Nov-2016 11:12:14 MYT	04:00:03	01:07:32							
258	24	51	Norhadzra Abd Rashid	F	Women 30-3																													

